

OWNER'S MANUAL

Correct Disposal of this product



This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.



CAUTION

Please read all precautions and instructions in this manual before using this equipment.

APPENDIX

Commercial Treadmill Maintenance Sheet

Inspection Items for Maintenance	Objective	Important	By owner appointed maintainer			By distributor or manufacturer		serviceable tools
			Every day	Every week	Every month	Every Quarter	Semi-Annual	
Equipment Appearance	Running belt cleaning	•	Clean					Flexible cloth, dust collector
	Running board cleaning	•	Clean					Flexible cloth, dust collector
	Side pedal		Clean					Flexible cloth, dust collector
	Console panel cleaning		Clean		Check			Flexible cloth, dust collector
	Handle cleaning		Clean					Flexible cloth
	Underneath Cleaning	•			Clean			Dust collector
	Mainframe set screw				Check			Tools
	If Plug is stick	•	Check					
Console	Emergency stop	•	Check					
	Heart rate test			Check				
Running belt	Breakage			Check				
	Tight/Loose	•	Check					T shape wrench
	Deviation	•	Check					T shape wrench
Running board	Lubricate with running belt	•		Check				
	If there is heave, groove or crack on the board				Check			
	Tighten the screw				Check			
Motor compartment	Cleaning	•			Clean, Dust absorpt			Shut off
	Silicone oil remain	•			Check, Replenish			Original lubricating oil
	Front roller belt race deposit				Check, Clean	Check		Dust collector/ Hairbrush
	Motor belt race deposit				Check, Clean	Check		Dust collector/ Hairbrush
	Belt deviation				Check	Check		
	Belt Breakage				Check	Check		
Roller	Abdominal noise				Check	Check		

Notice:

1. Please rotate the running belt manually while cleaning the running belt and running board.
2. Never cleaning the running belt with Disinfectant or any other acid/alkaline detergent.
3. Must use dry flexible cloth or dust collector to clean the running belt.
4. Never use wipe any part of the machine with a dripping rag.
5. Most faults of the treadmill are caused by irrational maintenance. Please perform maintenance on your treadmill regularly.

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IMPORTANT SAFETY INFORMATION



WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, read the following important precautions and information before operating the treadmill.

1. The treadmill has a user maximum capacity of 150kg for one person at a time.
2. For indoor only.
3. Do not put any objects around the treadmill to avoid any possible of injuries.
4. Keep the treadmill stably and carefully while changing position or moving.
5. Keep treadmill away from water, humid, heated and fire.
6. Never insert any object of body parts into any opening for picking. Switch off firstly.
7. Do not use accessory attachments that are not recommended to avoid any injuries and damage to treadmill.
8. The treadmill should be properly grounded and make sure that the outlet can supply enough electricity to the treadmill.
9. Wear training clothes and shoes which are suitable for running on the treadmill. Don't use the treadmill in bare feet.
10. To avoid injury, stand on the side rails before starting the treadmill.
11. The display of the heart rate is for reference only; it is not medical device and may be affected by many unknowable factors.
12. The user who has problems with his heart should use the treadmill under the doctor's directions.
13. Please select the right running speed according to your own physical condition.
14. Never leave the treadmill unattended while it is running. Unplug the treadmill after switching off.
15. Keep children under the age of 12 and pets away from the treadmill at all time.
16. To avoid electric shock, do not use this unit during a lightning storm.
17. Don't keep the treadmill running overloaded for a long time; the overload may damage the motor and the controller and also it reduce the service lifetime of bearing, belt and deck.
18. Don't touch any moving parts .
19. Stop using the treadmill in case of discomfort or when there is something wrong with the treadmill.
20. Long-haired user should pay more attention to your hair while using the treadmill.
21. Do not operate the treadmill with a damaged or frayed power cord. If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.
22. This appliance is not intended for use by persons (including children) with reduced physical, sensory mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
23. Children should be supervised to ensure that they do not play with the appliance.

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CAUTION: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using.

DAILY MAINTNERANCE

The running belt of the treadmill is imported which was made from special materials with lower coefficient of friction and higher of tensile strength; the running board is with double shock-absorb system and which surface is smooth and hard wearing.

Lubricating

It can prolong the life of treadmill to keep it in clean situation, so it's necessary to clean usually the exposed running board and side foot-board, to wipe running belt by soft cloths with water, please pay attention to prevent the water from the underside of belt and over.

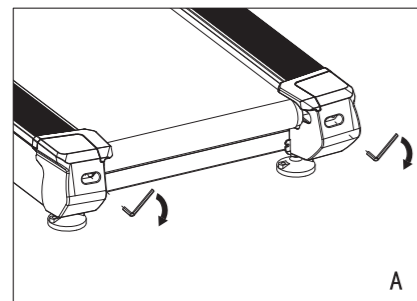
The treadmill uses the auto-lubricating system. When the console test the total distance reached the pre-setted distance in the system, the lubricating motor begin to work. During using, user should check the auto-lubricating system timely. Add the oil quickly if find the oil bottle is empty. If the auto-lubricating system don't work well, please call the dealer quickly.

Adjusting to loose or tight belt

The running belt was adjusted before it left the factory and after assembling, but after a period of usage, the belt will become loose, this circumstance is out of guarantee to be repaired. The user can adjust it by oneself. the loose belt will slip, but over much tight belt perhaps harms the motor, roller and itself.

Solution

Remove the key and **UNPLUG THE POWER CORD.** Using the allen wrench, turn both rear roller adjustment bolts counterclockwise, 1/4 of a turn. When the walking belt is properly tightened, you should be able to lift each side of the walking belt 5 to 6 cm off the walking platform. Be careful to keep the walking belt centred. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is properly tightened.



The walking belt is off-centre

All the running belt were adjusted before the treadmill left the factory or after assembling, but after a period of usage, the belt will off-centre, this circumstance is from the following causes:

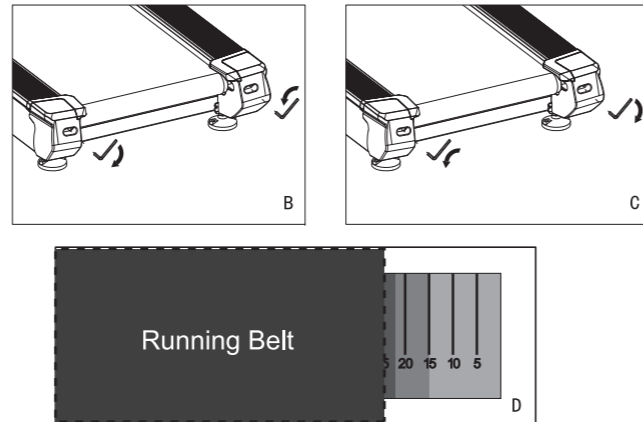
- (1) The treadmill is not horizontal.
- (2) The feet of user do not stand on the center of belt.
- (3) The two feet of user are with different strengths.

Solution

Usually it can return after several minutes' moving, but if it can't, please adjust the bolt which is at the end of treadmill at unit of half-circle by a allen wrench. If the belt slant to left, please adjust the left bolt clockwise or adjust the right bolt counter clockwise (B). If the belt slant to right, it's adjusted oppositely (C). Repeat until the walking belt is centred (The side of running belt in the label's green colour) (D).

The excentric running belt is out of guarantee. The user adjust it by oneself.

More attention: The excentric belt will strictly harm itself, so the user must adjust it once find this circumstance.



More attention: it's not over much tight, much better.

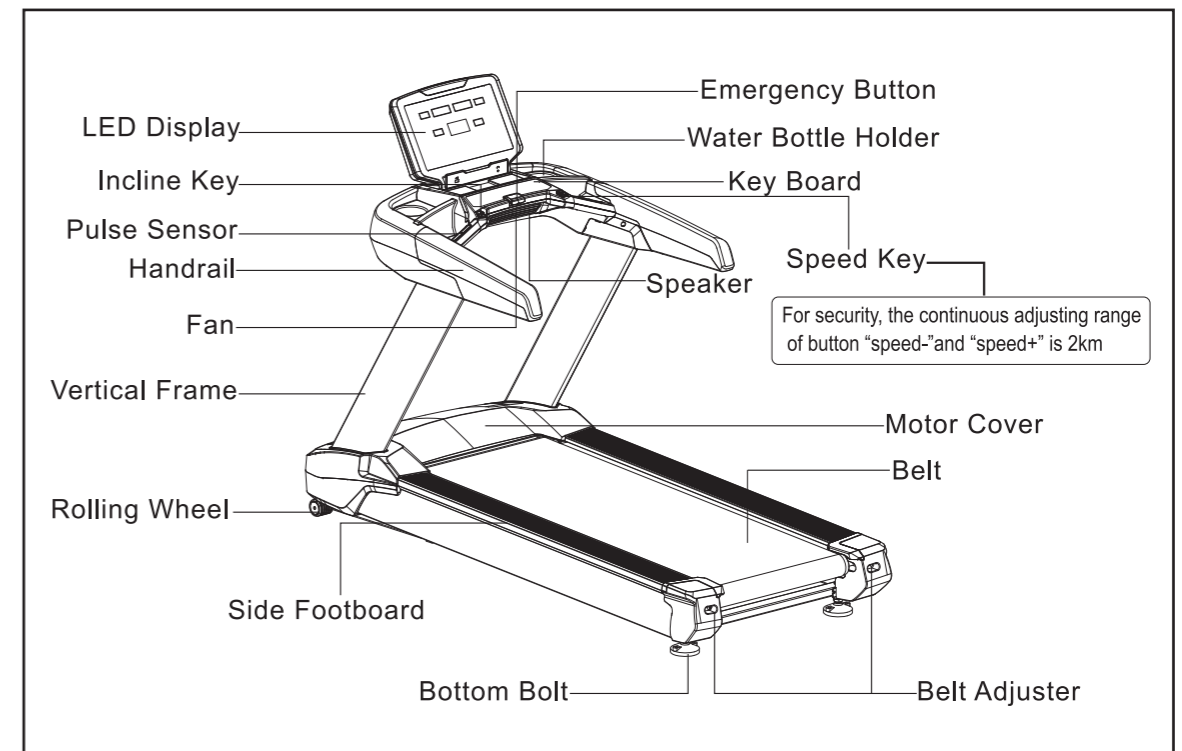
Technical Parameter

1	Input voltage: 220V ± 15% (50Hz / 60Hz)
2	Motor power: 5.8HP Low profile: 4.5HP
3	Speed scope: 1-20 (Km/h) Low profile: 1-18 (Km/h)
4	Incline scope: 0-16%
5	Time scope: 00:00-99:59 (Min.: Sec.)
6	Distance scope: 0.00-999 (Km)
7	Calorie: 000-999 (Kilocalorie)

Packing List

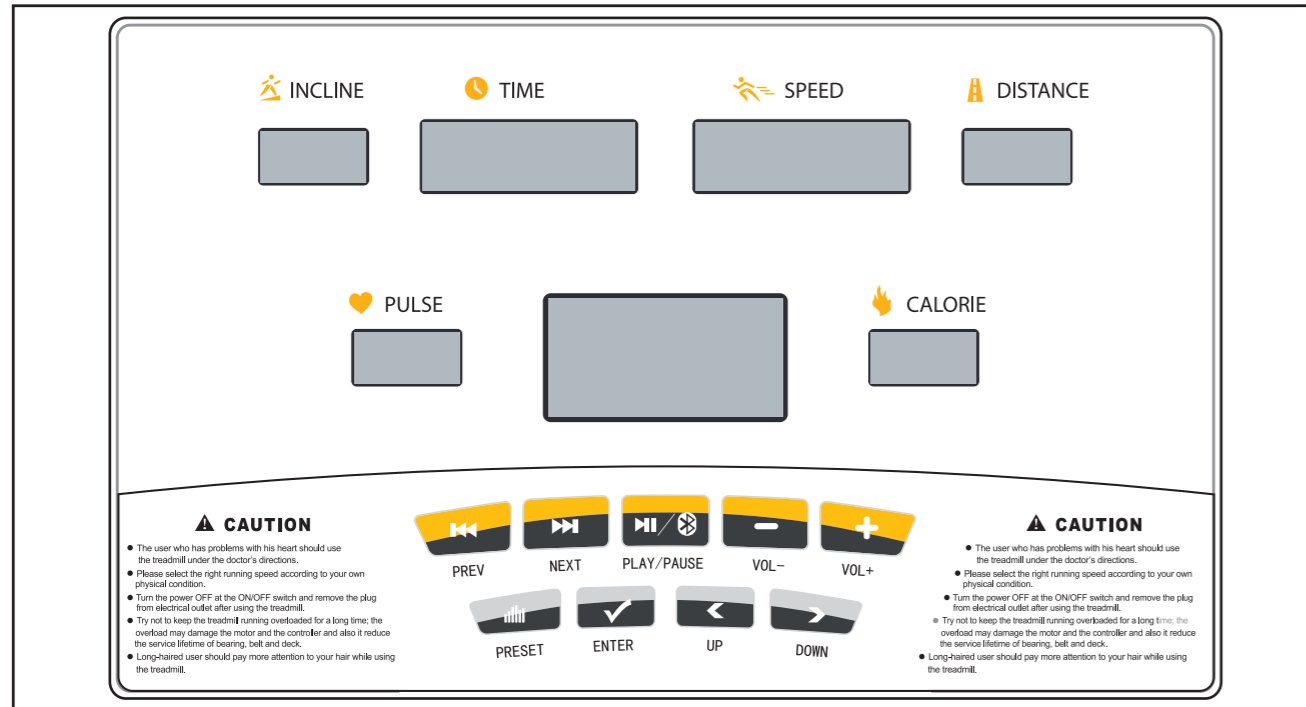
No	Description	Quantity
1	Main Body	1PC
2	Electronic watch	1PC
3	Plate handle bar	1PC
4	Stand frame	2PCS
5	M10*70 Bolt	2PCS
6	M10*80 Bolt	2PCS
7	M10*90 Bolt	2PCS
8	M10*25 Bolt	6PCS
9	M10*25 Column Bolt	3PCS
10	M10 Spring Washer	15PCS
11	Tooling	1SET
12	Owner's Manual	1PC

Parts Diagram



Our company keeps the right of improving any parts and will not advice when we make improvement.

MONITOR



(Low-level configuration machine has no multimedia function)

1. Time Window

- 1) Indicates the time by time accounting down.
- 2) Indicates the total time after start the machine.
- 3) The min value is 5:00 and max is 60:00.
- 4) Indicates the time value when enter mode setting.
- 5) Indicates the code at trouble time.
- 6) Indicates the parameter value during parameter setting.

2. Distance Window

- 1) During running indicates the practicing value.
- 2) Indicates the total distance after start the machine.
- 3) Radix point will automatically more backward when exceed 9.99 or 99.9.
- 4) During Manual Mode, Program Mode and Custom Mode indicates the setting value.
- 5) Indicates the parameter value during parameter setting.

3. Calorie Window

- 1) During manual mode and program mode indicates the practicing value.
- 2) Radix point will automatically more backward when exceed 9.99 or 99.9.
- 3) During Manual Mode, Program Mode and Custom Mode indicates the setting value.

4. Pulse Window

- 1) Noting input indicates 'Hr'.

DEBUGGING

Time window will show the fault code when the treadmill break down.

Fault Code	Fault Reason	Solution
ER1	Display board without receiving signals	Please check whether the communication line is damaged, whether the connection is firm or not
ER3	overvoltage protection	Check the power supply voltage
ER4	overcurrent protection	Check the motor and belt lubricate situation
ER5	overload protection	Check the motor and belt lubricate situation
ER7	The controller without receiving signals	Please check whether the communication line is damaged, whether the connection is firm or not
ER10	overheating protection	Check the motor and belt lubricate situation and Inverter fan situation
ER16	open-phase protection	Please turn the power off after 5 minutes to restart
ER17	The current sensor U problem	Please turn the power off after 5 minutes to restart
ER18	The current sensor w problem	Please turn the power off after 5 minutes to restart

LIFT CALIBRATION

In the standby station, at the same time press program, confirm, the previous page, the next page and hold for 4 to 6 seconds, can be carried out lift calibration

SOUND PROGRAM

Insert the USB flash disk which save the files of MP3 music to the MP3 player on the console, then start playing automatically, press the +/- key adjust the volume accordingly.

Keep pressing the "start/stop" button, switch to the state of bluetooth, speakers will have reminder, Turn on bluetooth, search equipment, equipment called (BT SPEAKER), mobile phone will be prompted to enter PIN number, password as "0000" (If the phone support simple matching function, do not need to enter the PIN code) After the connection is successful, there will be a reminder to start listen to music, meantime, operate through the panel buttons or mobile player software accordingly.

In the process of using bluetooth play by keep pressing the "start/stop cycle" select input: U disk, bluetooth.

If the device shut down or it is beyond the scope of communication cause the connection fails, you need to search again. Bluetooth disconnect there will have reminder.

USB disk state when start, inserted U disk when the bluetooth play, then switch to the USB disk state.



Remark:

- 1. The voice should not be too large when playing, so as to avoid damage to the speaker sound quality.**
- 2. Do not take off the USB disk when playing, so as to avoid damage to USB disk.**
- 3. Bluetooth break line detection is non real-time detection, so, after close the**

HEART RATE TEST

1. When your hand on the pulse sensor, the pulse windows indicates the heartbeat dig.
2. Testing before the exercise, stand on the two sideboards and hold the pulse sensor, after 20 seconds it will show your pulse value.
3. Testing after the exercise, stand on the two sideboards and hold the pulse sensor, after 20 seconds it will show your pulse value.

(Note: You'd better not test while exercising in order to get more exact value.)

2) When heart rate being input indicates practicing value.

5. Speed Window

- 1) During running indicates the practicing value.
- 2) The min speed is 1.0 and the max is 20.0.
- 3) During Manual Mode, Program Mode and Custom Mode indicates the setting value.

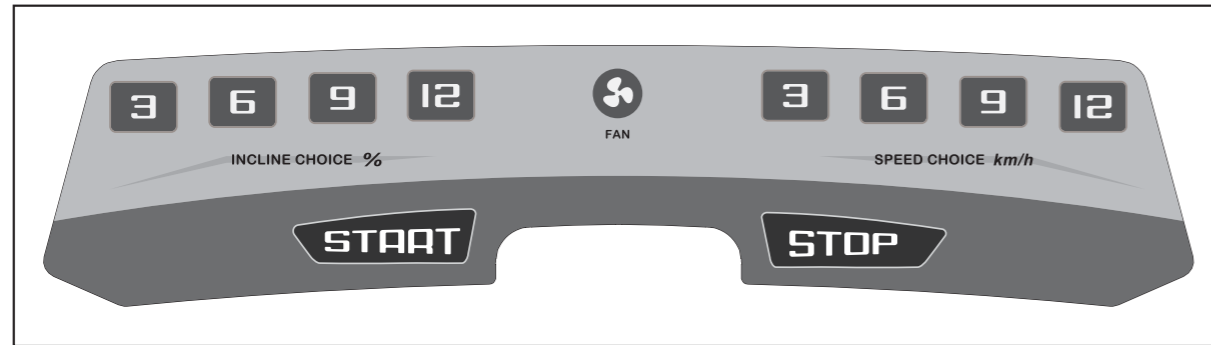
6. Incline Window

- 1) During running indicates the practicing value.
- 2) During Manual Mode, Program Mode and Custom Mode indicates the setting value.
- 3) The min incline is 0.0 and the max is 16.0.
- 4) Auto adjust the incline during Pulse Program to keep heart rate in a standard scope.

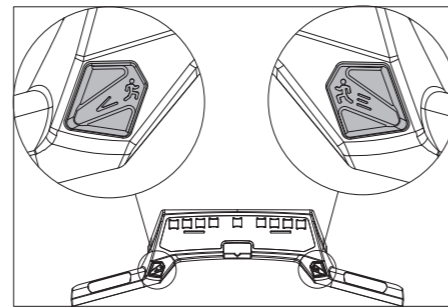
7. 16*32 Latic Window

- 1) Ready time rolling says greeting words.
- 2) During running indicates the typical standard racetrack (400 meters). 76 shining points are on the racetrack and the distance has passed and unpassed are in different colours. In the middle of the racetrack indicates the practicing number of racetrack. For example: '01' means the first track (400 meters).
- 3) During Program Mode and Custom Mode indicates the speed and the incline picture. Red point shows speed and green point shows incline.
- 4) During Manual Mode and Pulse Mode indicates the typical standard racetrack (400 meters).

CONSOLE



(Low-level configuration machine has no fan function)



1. **START KEY:** start the machine
2. **STOP KEY:** stop the machine.
3. **INCLINE HOTKEY:**
press hotkey 3,6,9,12 when adjust the slope,
when you press any one of the hotkeys, the slope will directly up to the corresponding height.
4. **SPEED HOTKEY:**
press hotkey 3,6,9,12 when adjust the speed, when you press any one of the hotkeys,
the slope will directly up to the corresponding speed.
5. **FAN:**
the fan is divided into three gears, press the button down the fan to start running
and run in the smallest file; press the button two times in the middle of the file to run;
press the fan three times in the most high-end operation;
press the button four times to stop running;
6. **PROGRAM KEY:**
press this key to enter some fixed programs and custom programs, such as time countdown
program, distance countdown program
7. **PREVIOUS/ NEXT:**
when you press the program key, press the two buttons to switch between different programs
8. **ENTER KEY:**
press the program key, press the previous page or next page to select your favorite program,
press the enter button to enter this programe.
9. **SPEED KEY ON THE HANDLE:**
used to adjust the speed and some parameters in the program value
10. **INCLINE KEY ON THE HANDLE:**
used to adjust the slope.

CALORIE COUNT DOWN

Press 'SET' key thirdly, when latic window will rolling says 'CALORIE COUNT DOWN' comes into calorie count down program.

At ready time the calorie window flashing indicates default dig '100'.User can use the SPEED key to change the calorie setting and press ENTER key to confirm. During running calorie window indicates the calorie value by calorie count down.

A moment after the START key is pressed; the treadmill will adjust to the first speed and incline settings for the program. If the speed or incline setting for the current segment is too high or too low, you can manually override the setting by pressing the SPEED or INCLINE keys on the console. To end the program, press the STOP button, remove the key.

At the end of the program the treadmill comes into 'COOL DOWN' program, Time window indicates the time by time count down. The incline value is '0' and the speed is half of the last segment.

FIXED PROGRAM

Fixed program a total of six, press the program key and then press the previous page / next page can enter any fixed program, fixed procedures are divided into

16, each section of the speed and slope are fixed, can not be adjusted, fixed procedures can adjust the running time, into one of them

A fixed program, according to the handrail speed plus, the speed can be reduced to adjust the program running time, press the OK button after the adjustment is complete, then press the start

Key to run, the speed of the window will display the speed of each process, the slope of the window will show each section of the slope

Small, the end of the operation will be "drop" three tone, running speed will gradually reduce until stop.

USER PROGRAM

A total of three user program, press the program key and then press the previous page / next page can enter any one user program, the user program is divided into

16 segments, each section of the speed and slope can be adjusted into one of the user program, according to the handrail speed plus, the speed can be reduced

Program run time, press the Enter key after adjustment, you can adjust the first paragraph of the speed and slope (with handrail speed plus and minus keys and handrails

Slope plus or minus key to adjust) and then press the Enter key to enter the next paragraph of the adjustment, when the 16 section after all the adjustment, press the start button to run

, The speed window will display the speed of each section of the process, the slope of the window will show the size of each section of the rise, the end of the operation

There will be "drop" three tone, running speed will gradually reduce until stop.

HEART BEAT PROGRAM

Heartbeat program a total of three, press the program key and then press the previous page / next page can enter any one heartbeat program, into one of the heart

Jump program, according to the handrail speed plus speed can be adjusted to adjust the program running time, adjust and then press the Enter key, and then press the handrail speed

Plus, the speed can be adjusted to adjust the program run time can adjust the runner's age after adjustment, press the start button to run, run

The process of the middle of the window will show the distance, the end of the operation will be "drop" three beeps, running with the speed will gradually decrease

Small until stopped

DEBUGGING

Switch on the power, there is singing from the monitor. Lattice Window shows red colours in 2 seconds and then shows red colours in 2 seconds. Meanwhile the incline motor decreased lowest point and return to the level. The speed window flashing 'SI'. The time window indicates the total running time and distance window indicates the total distance. After 2 seconds the time window indicates '0:00', the incline window indicates '0', pulse window indicates 'Hr', distance window indicates '0.00', calorie window indicates '0.00', speed window indicates '1.0'. At this time you can control the console.

3 seconds after the start key is pressed, the running belt begins to move at 1 mph. During running customer can adjust the speed and incline value as desired.

Press stop key, 3 singing from the monitor and treadmill soft stop. The treadmill back to the ready time.

HOW TO USE THE PROGRAM

TIME COUNT DOWN

Press 'SET' key firstly, when lattice window rolling says 'TIME COUNT DOWN' comes into time count down program.

At ready time the time window flashing indicates default time '30:00'. User can use the SPEED key to change time setting and press ENTER key to confirm. During running time window indicates the time by time count down.

A moment after the START key is pressed; the treadmill will adjust to the first speed and incline settings for the program. If the speed or incline setting

DISTANCE COUNT DOWN

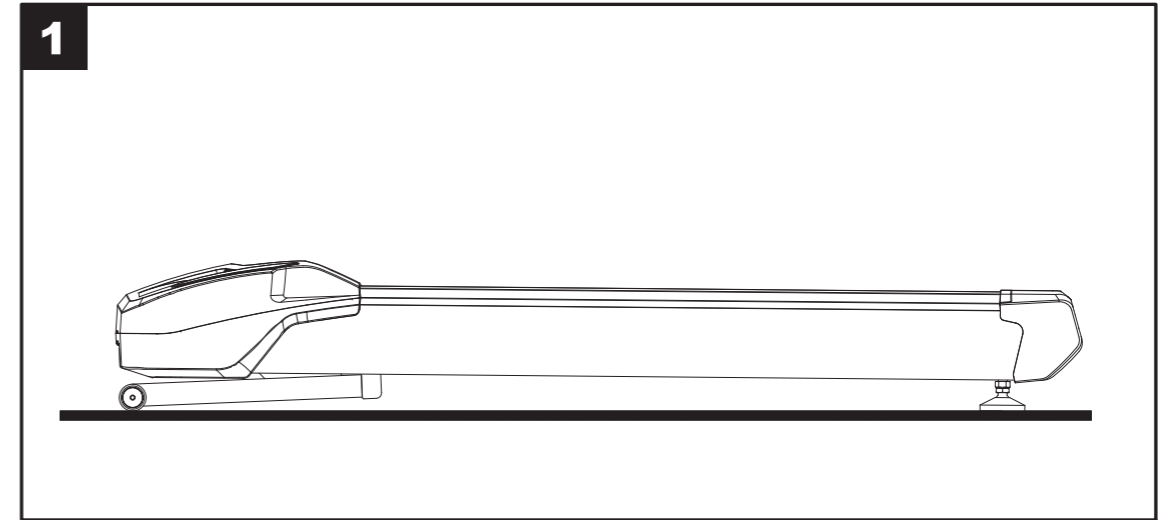
Press 'SET' key secondly, when lattice window will rolling says 'DISTANCE COUNT DOWN' comes into distance count down program.

At ready time the distance window flashing indicates default distance '3.1'. User can use the SPEED key to change distance setting and press ENTER key to confirm. During running distance window indicates the distance by distance count down.

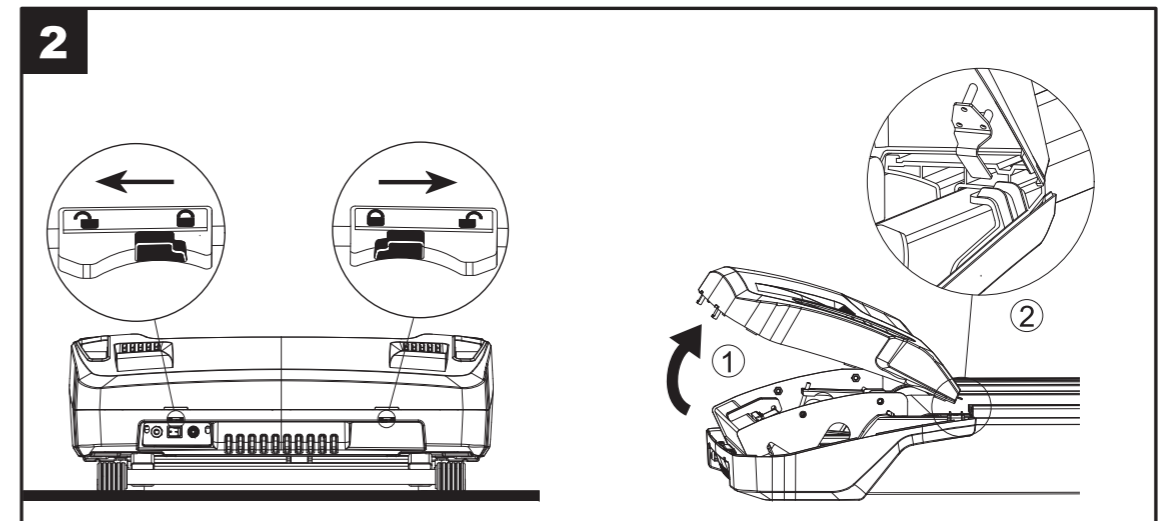
A moment after the START key is pressed; the treadmill will adjust to the first speed and incline settings for the program. If the speed or incline setting for the current segment is too high or too low, you can manually override the setting by pressing the SPEED or INCLINE keys on the console. To end the program, press the STOP button, remove the key.

At the end of the program the treadmill comes into 'COOL DOWN' program, Time window indicates the time by time count down. The incline value is '0' and the speed is half of the last segment.

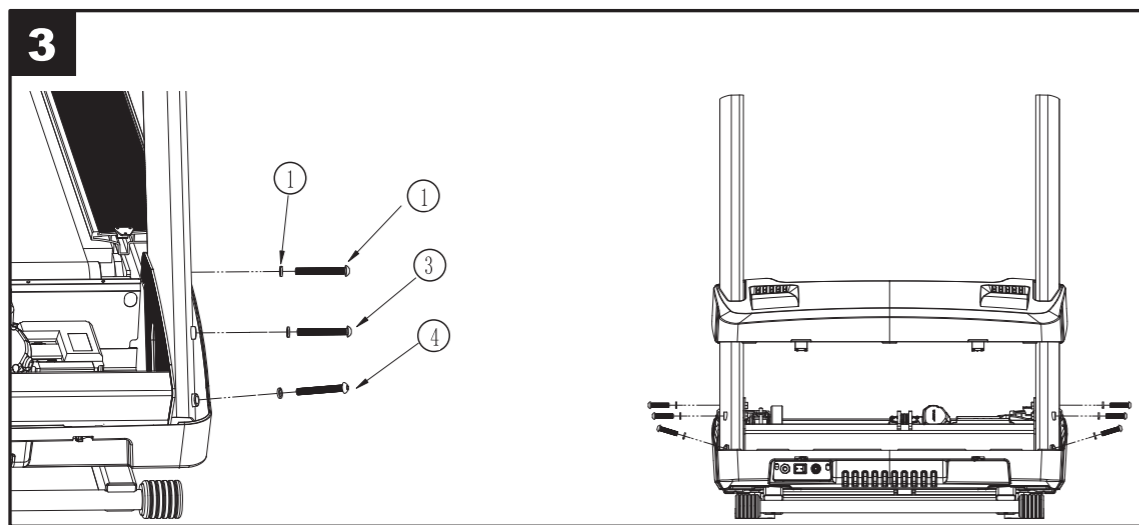
ASSEMBLY



Remove the treadmill from packing box, flat on the ground.

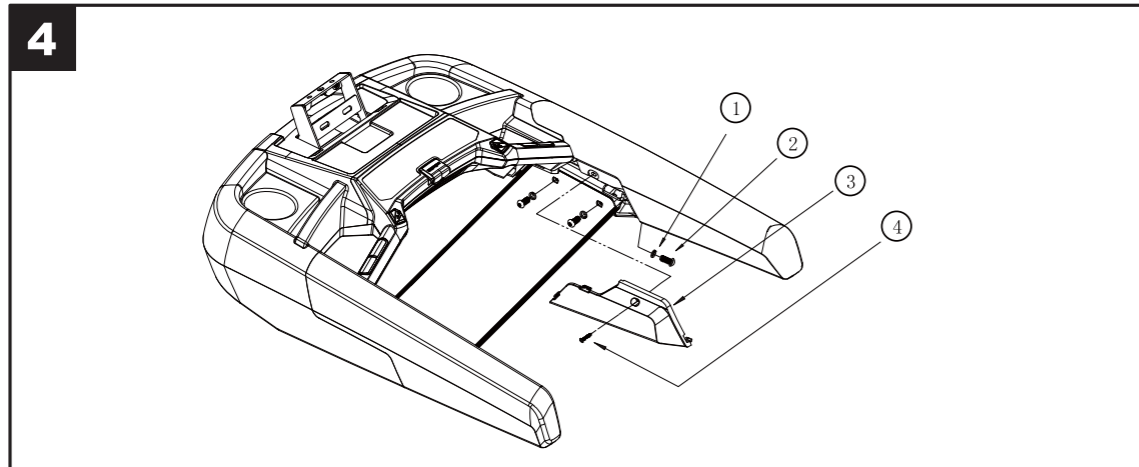


According to the direction of the arrow to open the motor cover around in front of the lock, take cover off. Then according 1 tilt to lift the motor cover, And then take out of the blocks in 2. (When installing, tilt the motor cover, insert the 2 blocks into the inner bore of the strip, and then fasten the motor cover.)



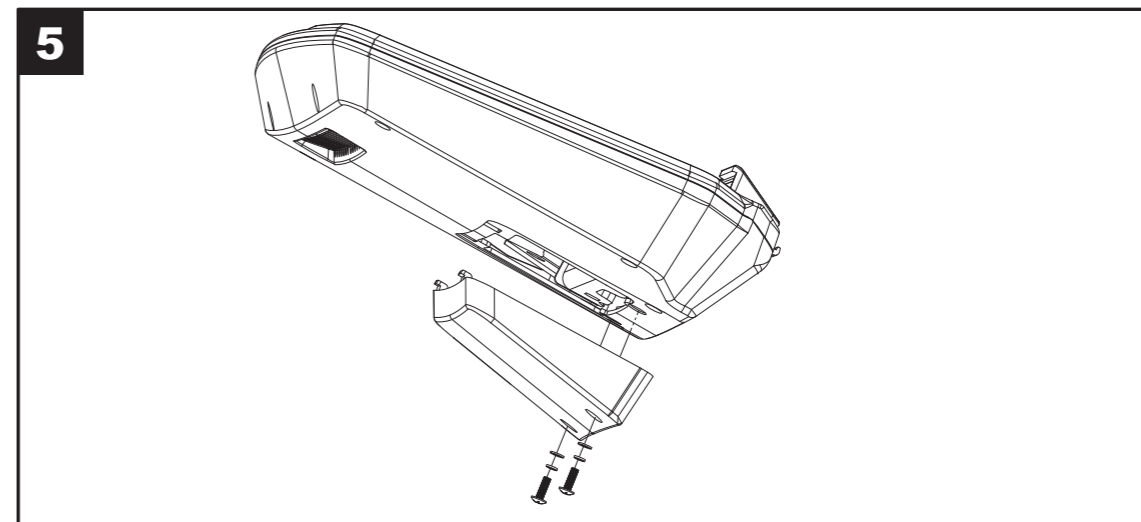
1. Install the vertical frame to the main body according to the (L) (R) identification.
 Please don't lock the bolt at once, it is ok to fix vertical frames.
(Note: temporarily do not lock the screw, it is ok that can be fix the stand frame.)
 2. Then install the motor cover according to the vertical frame direction.
 Do not lock the bolt at once.

① M10	Spring washer	6PCS
② M10*80	Inner Hexagon Mushroom Head Bolt	2PCS
③ M10*70	Inner Hexagon Mushroom Head Bolt	2PCS
④ M10*90	Inner Hexagon Mushroom Head Bolt	2PCS

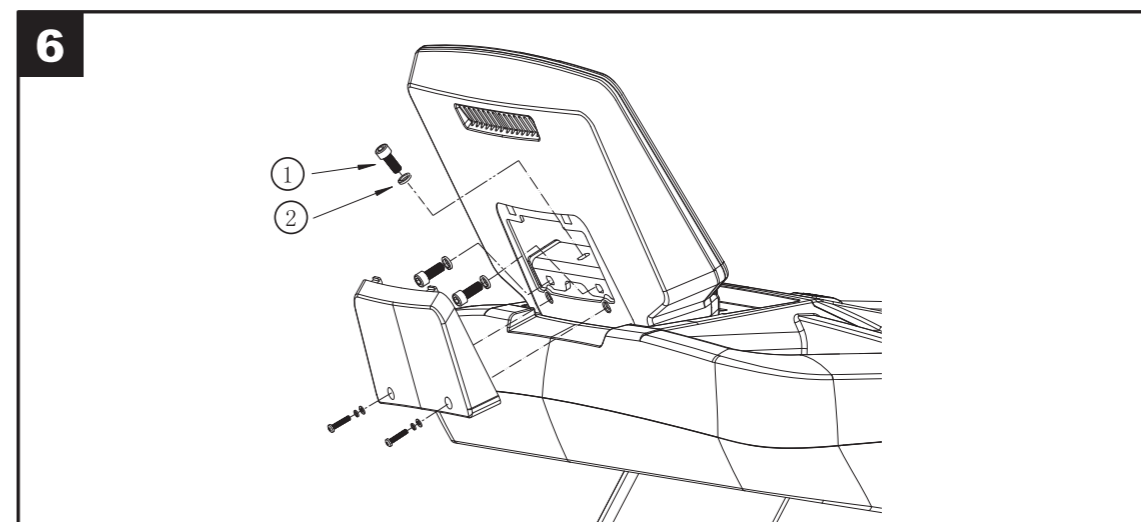


1. Go through left console wire to the vertical frame;
2. Connect the console and vertical frames with bolts, then fasten all the bolts on the frames.
3. Connect the wire in motor cover accordance with the requirements then lock the motor cover,
4. Put in step 2 motor cover to lock state.
5. Finally, buckle the left and right cover of the console.

① M10	Spring washer	6PCS
② M10*25	Inner Hexagon Mushroom Head Bolt	6PCS
③	cover for console	2PCS
④ ST4. 8*25	Philips big flat head self-drilling screw	2PCS



Set down the rear cover of the console
(keep the bolts and washers for step 6)



Install the electronic watch to the console, insert the wire of the electronic watch in the console according to the requirements on the display board.

① Inner Hexagon Socket Head Bolt	M10*25	3PCS
② Spring washer	M10	3PCS